



<u>Prayers Offered on May 9, 2024 at Minyan M'at's</u> <u>Wrestling with Oct. 7th Panel on Prayer in Our Times</u>

Rabbi Dianne Cohler-Esses: written and translated by Rabbi Cohler-Esses

אֱלֹהַי הָרוּחָׂת לְכָל־בָּשֶׂר

God, spirit of all flesh

We stand before you broken hearted

crazed

a nation in grief

razed by endless war

with no relief in sight

our people held hostage

to the might of the Other side.

Please my God

Our Father, our Mother

Compassionate one-

Ayeka?

Are you there? Here? Anywhere?

We raise our voices, moan and groan

and hear only stone silence.

O Divine One

maybe You too are held hostage in Gaza

with our brothers and sisters

in a tunnel of despair

עוֹמִדִים אָנוּ לְפָנֵיךְ

בָּלְבָבוֹת שָׁבוּרִים

דַעֲתֶנוּ טָרוּפָה

עַמֵּינוּ נָתוּן בִּצָרָה

בָּפַחַד נוֹרָא

שָׁרוּי בְּמִלְחָמָה אֲרֻכָּה

מְשָׁפָּחוֹתֵינוּ נָקְטָפוּ

ָוְנֶחְטְפוּ לַסִּטְרָא אַחְרָא.

ָאָנָּא אֱלֹהֵינוּ,

אָב הָרַחֲמָן,

,אִמֵּנוּ הָרַחְמָנִיָּה,

אַיֶּרָ?

ָאָנוּ צוֹעֲקִים, זוֹעֲקִים, נֶאֶנָחִים,

נוֹשְׂאִים אֶת קוֹלוֹתֵינוּ

אַךְ שׁוֹמְעִים רַק דְּמָמָה.

שָׁכִינָתֵנוּ,

שֶׁמָא נֶחְטַפְתְּ לְעַזַּה

narrower than *mitzrayim*, the narrowest of places.

evil's lair beyond repair.

עם אַחֵינוּ וְאַחְיוֹתֵינוּ? וְהִנֵּךְ, בְּמִנְהָרָה צָרָה מִמִּצְרַיִם —שֶׁבָּהּ אֵין מָקוֹם לַמָּקוֹם.

O Shechina, Divine Presence, right now you are a small girl

sitting in the corner of an endless tunnel

hungry and weak

Your aloneness complete.

Your weeping, in darkness unfurled.

far under the rubble

so deep underground your cries don't sound.

drowned out by the crying of orphans and parents who can't feed their children.

And You – You are too meek to help to seek your unholy people.

The world emptied of Your presence,

is full of the glory of The Other Side,

teeming with demons.

Maybe we are all trapped in an endless maze of tunnels

wandering lost in hollow arguments-

buried in the endless rubble of self-satisfied certainties.

Language itself in exile- (Dibbur be-Galut)

concealing more than revealing.

There is no redeeming

no redeemer

for You or Your people.

שָׁכִינָתִי,

הִנֵּךְ הָיַלְדָּה הָקְטַנָּה

הָחַלְּשָׁה, הָיוֹשֶׁבֶת בַּפִּנָה

בּוֹדְדָה, בּוֹכָה בָּאֲפֵלָה.

הָעוֹלָם בֵיק

מִשְּׁכִינָתֵרְ

הָעוֹלָם מָלֵא

בּסְטָרָא אַחֲרָא.

אַתַּ בַּגַּלות אָתַנוּ

ָוְאֵין גּוֹאֵל וְאֵין גּוֹאֶלֶת.

ָוְאֵין שְׁכִינָה בְּלִי שׁוֹכֵן וּבְלִי שָׁכֵנָּה.

ָוְאֵין אֱמוּנָה בְּלִי אומנת.

Ana

Please

Rise up from your destruction!

Enough sitting in your vale of tears,

frozen in your fears.

Shake off your dust-

You must

Arise!

Arise!

Awaken!

NOW!!

Before it's TOO LATE For your people.

We are weary of waiting

for more than 2,000 years.

We pray for another fate,

tired of this trope of violence

of unending tears.

We've lost all hope

deep in our hearts

in our wounded Jewish souls.

We yearn to sing a new song.

We pray-

Please--

become again our Crowning Glory

Ana-El Na-

please-

We long to tell a new story.

אָנָא שָׁכִינָתֵנוּ,

קוּמִי צָאִי מִתּוֹךְ הַהֵּפֵכָה

רַב לָךְ שֵׁבֶת בִּעֵמֶק הַבָּכָא

הִתְנַעֲרִי, מֵעָפָר קוּמִי.

הָתָעוֹרְרָי

הָתָעוֹרְרָי

הָתָעוֹרְרִי

מְחַכִּים לָךְ שְׁנוֹת אַלְפָּיִם

וְאָבְדָה תִּקְוָתֵנוּ בַּלֵּבָב פְּנִימָה

ַבַּנֵּפֵשׁ הַיִּהוּדִית הַפָּצוּעָה.

Rabbi Tali Adler

When God said "Let there be light," it was a command.

But ever after, for human beings, those words have been a prayer.

Let there be light.

Please, please, let there be light.

Rabbi Amichai Lau-Lavie

Prayer written by Rabbi Benny Lau Adapted and translated by Rabbi Amichai Lau-Lavie and Bonnie Zaben

May it be your will, Adonai our God, the Hope of our Ancestors,

You who hold all souls and bodies in Your hand,

May You guard and protect all those who are captives,

Provide long life to all the wounded; Heal their souls and heal their bodies,

Bring them back swiftly, from darkness to light, and return them to their families' embrace.

May it be so, and soon.

יהי רצון מלפניך ה' אלהינו ואלהי אבותינו אשר בידך נפש כל חי ורוח כל בשר איש

שתשמר ותנצר את כל השבויות והשבויים

ותשלח ארכה לכל הפצועים רפואת הנפש ורפואת הגוף

> תוציאם במהרה מאפלה לאורה ותשיבם לחיק משפחותיהם

> > השתא בעגלא ובזמן קריב