

## **Tashlich 5781/2020**

Compiled/Edited by Rabbi Yael Hammerman

הִנֵּה מַה טוֹב וּמַה נְעִים  
לְשֶׁבֶת אַחִים גַּם־יַחַד.

*Hi-ney mah tov u-mah na-im she-vet a-chim gam ya-chad.*

How good and how pleasant it is to come together as family and friends.

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### **Micah 7:18-19**

Who is a God like You, forgiving iniquity and pardoning the transgression of the remnant of Your people?

You do not maintain anger forever, but You delight in loving-kindness.

**You will again have compassion upon us, subduing our sins, casting all our sins into the depths of the sea.**

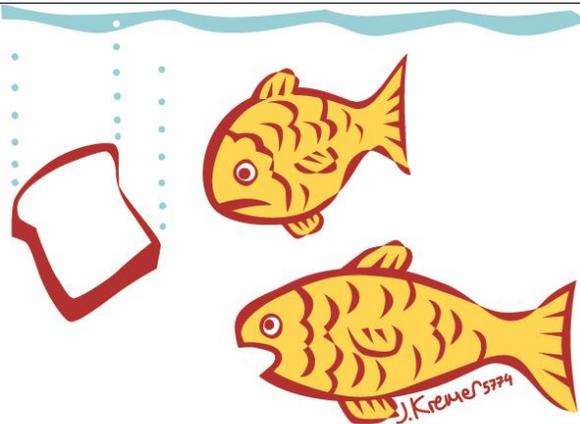
מִי־אֵל כְּמוֹךָ נִשְׂא עוֹן וְעָבַר עַל־פְּשָׁע לְשֹׂאֲרֵית נִחְלָתוֹ  
לֹא־הִחַזִּיק לְעַד אָפוּ כִּי־תִכַּחַץ חֶסֶד הוּא:  
יָשׁוּב יִרְחַמֵּנוּ יִכַּבֵּשׁ עֲוֹנֹתֵינוּ וְתִשְׁלֹךְ בְּמַצְלוֹת יָם כָּל־חַטָּאוֹתֵם:

### **Mishnah Yoma 8:9**

Yom Kippur atones only for transgressions between human beings and God. For transgressions between one individual and another, atonement is achieved only by reconciling the person who has been offended.

### **Zohar**

Whatever falls into the deep is lost forever; it acts like the scapegoat for the absolution of sins.



*“It’s all yours;  
sin and remorse give me gas.”*

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On Rosh Hashanah, standing by the water, emptying our pockets of the remaining crumbs of sin, we turn to you, O God, Creator of heaven and earth, Creator of the water. We pour out like water the confession of our sin.

Hear our prayer, and *Tashlikh*, cast all our sins into the ocean's depths.

As You appeared to grieving, exiled Hagar and assured her at the well of water that You, the Living God, look mercifully upon the afflicted -  
Look upon us in our affliction, and *Tashlikh*, cast all our sins into the ocean's depths.

As you sustained Your people Israel, with the never-failing well of water that accompanied them in their desert wanderings -  
Save us and sustain us with your living water, and *Tashlikh*, cast all our sins into the ocean's depths.

Let these waters be a token of Your *brit* with Humanity: "As I swore that Noah's waters never again would flood the earth, so I swear that I will not be angry with you or rebuke you."

So *Tashlikh*, cast all our sins into the ocean's depths.

**Adapted from Tashlikh**, Author Unknown  
Elkins, Rabbi Dov Peretz. *Rosh Hashana Readings: Inspiration Information Contemplation*. Jewish Lights. Woodstock, VT; 2006.

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### **Prompts for Letting Go: Ask Yourself**

1. What behaviors prevent me from being my best self?
2. What fears present themselves as obstacles to living my fullest life?
3. How do I imagine myself happy and whole?

### **As you approach the water, say the following (or something like it!):**

- Just as I cast these crumbs off into the water, so too do I let go of the obstacles that bind me.
- Just as these crumbs follow the ebb and flow of the river, so too do I open myself to the uncertainty of the unfolding New Year.
- Just as these crumbs are absorbed within the water, so to do I release myself to new opportunity, growth and potential.

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**הַשִּׁיבֵנוּ ה' אֵלֶיךָ וְנִשׁוּבָה חֲדָשׁ יָמֵינוּ כְּקֶדֶם:**

*Hashivenu Adonai elecha v'nashuva, Hadesh yamenu ke'kedem.*

Turn us back, O LORD to You and we will return, renew our days as before.